

## Brain Integration Therapy Guiding Principles

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If you are having difficulty determining exactly which of your child's learning gates is blocked, or where to start, you may want to do what I did in my Resource Room, where I had multiple ages, and multiple learning blocks...EVERYTHING.

1. All 6 exercises done Monday-Thursday (we did these as a group).
2. Do the all-important targeted individual Brain Training done once a week for all three learning gates.

**First 10 Weeks:** Visual Brain Training once-a-week

**Second 10 Weeks:** Stop the visual brain training and begin the Writing Brain Training once- a-week

**Once those 20 weeks are complete,** stop the writing brain training and begin the Auditory Channel Brain Trainings. **Work on each Auditory Channel once-a-week for 6 weeks.**

Start the schedule of one-on-one Brain Trainings that will cover all the bases that this child needs covering. Do not start with the Auditory Brain Trainings. Do not just select a few exercises to do. The visual and writing brain trainings set the brain up for success for the auditory brain trainings. The 6 exercises keep the pathways open that you are opening with the all-important once a week brain trainings.

This does not have to be tailored as carefully as you think. This general schedule is what I did with all of my Resource Room kiddoes no matter what issues they presented with (blocked learning gates) and we always saw a two year growth by the end of the year. So, just follow those directions, and you will get all issues covered in a year. Let us know any other questions you have.

**Trust the process.** Follow the brain hierarchy. Do all 6 exercises (especially the writing eight exercise) four days a week, and then once a week start the Visual Brain Trainings.

